



# **Long Beach Sea Base Aquatics Spring Day Camp**

SPRING COURSE SCHEDULE FOR 2017

APRIL 17<sup>TH</sup> – 21<sup>ST</sup>

[www.LongBeachBSA.org/SeaBase](http://www.LongBeachBSA.org/SeaBase)

9:00 – 10:30 Period 1	10:30–12:00 Period 2	1:00-2:30 Period 3	2:30–4:00 Period 4
<b>Personal Management</b>		<b>Geocaching</b>	<b>Signs, Signals &amp; Codes</b>
<b>First Aid</b>	<b>Safety</b>	<b>Weather</b>	<b>Oceanography</b>
<b>Space Exploration</b>	<b>Inventing</b>	<b>Mining in Society</b>	<b>Game Design</b>
<b>Animation</b>	<b>Robotics</b>	<b>Robotics</b>	<b>Digital Technology</b>
<b>Rowing</b>	<b>Canoeing</b>	<b>Motorboating</b>	<b>Kayaking</b>
<b>Game Free Play</b>	<b>Game Free Play</b>	<b>Game Free Play</b>	<b>Game Free Play</b>
<b>Fishing</b>		<b>Fly Fishing</b>	
		<b>Small Boat Sailing</b>	
		<b>Intermediate Sailing</b>	

⇒ Space is limited for each merit badge due to restrictions such as number of available boats, classroom space, and maintaining appropriate counselor to camper ratios!

⇒ **Please read Merit Badge Requirements and pre-requisites before registering for a Merit Badge!**

⇒ Bring **COMPLETED** Medical Forms A & B and Talent Release Form to 1<sup>st</sup> Day of Camp  
<http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>



**Indicates a pre-requisite. While the Sea Base provides quality instruction and ample opportunities for campers to complete each requirement, some cannot be completed at the Sea Base, and should be STARTED before camp or plan to complete the merit badge after camp and return to camp with proof of completed requirements to get the Partial signed off.**



**MUST PASS**  
BSA Swim  
Test  
Required



**NEW**  
New To  
Program  
This Year



Academic –  
Good Writing  
Skills  
Recommended



*Hot List – Course has  
filled to max capacity  
in previous years  
Early Registration  
Recommended*

Oceanography

Robotics

Space Exploration



**Weather**

Requirement 9

Start your 7 day log on Saturday  
before camp

Safety

Animation

Digital Technology

**THIS SECTION IS EAGLE REQUIRED MERIT BADGES  
THESE ARE NOT RECOMMENDED FOR 1<sup>ST</sup> YEAR CAMPERS**



**First Aid**



**Personal Management**

Requirement 2a and 8  
Start your 7 day "To Do List" on  
the Saturday before camp



**Geocaching**



**Game Design**



**Inventing**



**Mining in Society**



**Signs, Signals  
& Codes**



**Fishing**



**Motor Boating**

Must pass BSA Swim Check



**Fly Fishing**



**FOR ALL AQUATIC MERIT BADGES YOU MUST PASS  
THE BSA SWIM CHECK BEFORE CLASS STARTS**



**Rowing**



**Kayaking**



**Canoeing**



**Small-Boat Sailing**



**Intermediate Sailing  
Activity**

For more information visit [www.LongBeachBSA.org/SeaBase](http://www.LongBeachBSA.org/SeaBase)



Directions to the  
 Long Beach Sea Base Aquatics Center  
 5875 Appian Way,  
 Long Beach, CA 90803  
 (562) 431-5309

**From the San Diego Freeway (405),  
 headed North or South:**

Take 7<sup>th</sup> Street off-ramp. Take  
 Road off-ramp. Turn left  
 (South) at stoplight onto Studebaker  
 Road. Turn Right (West) at 2<sup>nd</sup> St./  
 Westminster Blvd. Continue past  
 Pacific Coast Highway and over the  
 Bridge. Take Appian Way exit right  
 at Appian Way sign. Turn Right at  
 Stop sign on Appian Way. Go under  
 the bridge and the Sea Base Aquatics  
 Center parking lot is on your left.

**From 2<sup>d</sup> Street/Downtown Eastbound**

Right at Naples Plaza Drive. Turn Left  
 at the Toledo. Go to stop at  
 Appian Way. The Sea Base Aquatics  
 Center parking lot will be across the  
 street on your left.

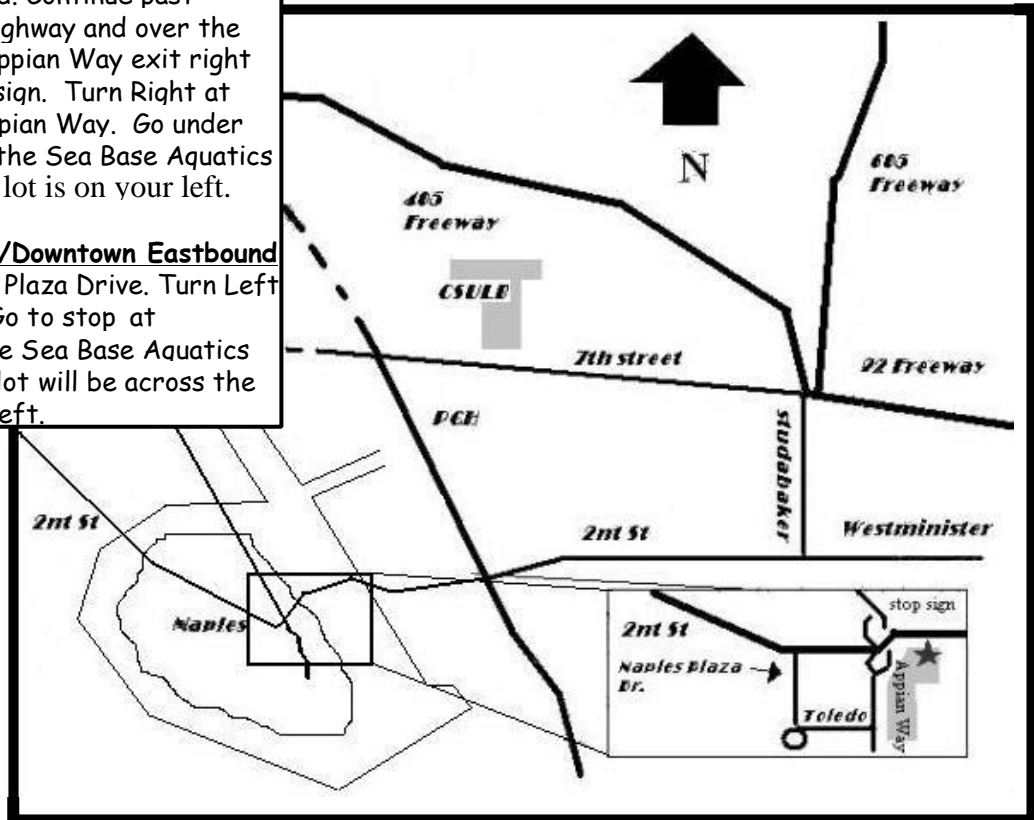
**☒ What to Bring to Camp daily**

- Sack lunch with name on it
- Completed Medical Form A & B
- A change of clothes if in water activities
- Sweatshirt or jacket (it may get cold)
- Camp t-shirt**
- Sunscreen
- Hat
- Swim suit
- Towel
- Signed** Blue Cards \*
- Merit badge book & any req'd materials\*
- Shoes or water socks
- \$\$ for Trading Post snacks and souvenirs
- Signed Talent Release Form

\* Applies to Boy Scouts Only

*Put your NAME in black marker on everything you bring to camp  
 or use your initials and your troop number.*

*Lost and Found items will be discarded on the last day of camp!*



# Long Beach Sea Base Aquatics Center B.S.A.

## Sea Base Rules and Guidelines for Youth Conduct

1. Safety is the foundation of our program. We will provide U.S. Coast Guard approved lifejackets, which all scouts will be required to wear while on the water and docks. In addition, all scouts must wear sturdy close-toed shoes. Tennis shoes and water socks work well. Flip-flops or teva-style sandals are not allowed. Shirt and shoes must be worn at all times, no suggestive sayings on clothing. In addition, we strongly recommend that scouts bring a dry change of clothes, a towel, water bottle, hat/ visor, waterproof sunscreen with SPF 15 or higher and lip balm with sunscreen every day.
2. Scouts are not allowed on the docks or in any boat without a Counselor or the permission of the Counselor. Also, Scouts are not allowed on the docks or in any boat without wearing a properly fitted lifejacket.
3. All Scouts are required to observe and respect the buddy tag system, use your buddy tag at all times.
4. Stay off of the rocks anywhere at the Sea Base or next to the beach. These rocks are sharp and unforgiving!
5. Stay out of the Girl Scouts area or the Ocean Adventure Day Camp area, we are allowed to share these areas with permission only.
6. Each Scout must be able to complete a BSA swim test on the first day of camp. The swim test includes 75 yards of the following strokes: sidestroke, breaststroke, trudgen or crawl; then another 25 yards of an easy backstroke. After completing the swim, Scouts must demonstrate an ability to float. **This swim test is mandatory if you are in the aquatics program**, and any Scout unable to complete the requirements will be excluded from the rest of the program. There will be no exceptions.
7. **Scouts may not leave the property without a parent/guardian, or a signed release from their parent/guardian, nor are they allowed to remain unattended on our property. All Scouts not picked up by 5:30 p.m. will be charged \$1.00 per minute; this is a childcare fee necessitated by our having to keep our staff here overtime.**
8. It is the intent of the Sea Base that all those involved will have an enjoyable and worthwhile experience. Our primary purpose is to provide quality instruction, and to do so discipline must be maintained. Any Scouts who are unable to conduct themselves with Scouting Spirit, on and off the water, will be asked to leave the program at the discretion of the Camp Director. Scouts shall not engage in any boisterous or offensive behavior. Any Scout who willfully or negligently defaces, injures, or destroys the property or equipment of the Sea Base or another person will be held liable for its full value and may be dismissed from the program. Scouts are not allowed to "borrow" or use the Sea Base's or another person's property without permission.
9. To protect the safety of everyone at the Sea Base: No riding bikes, skateboards, roller blades, or scooters on the Sea Base grounds. Bike Racks are available for campers who ride their bike to camp. No horse playing is allowed anywhere. No contact sports are allowed outside of certain Merit Badge Classes. Specifically this means no running, no water fights with hoses, and no pushing or throwing anyone in the water.
10. Please bring a sack lunch and beverage every day. You may use the vending machine, if used properly. **DO NOT BANG OR SHAKE THE MACHINE.** We ask that you do not send anything larger than \$10.00 bills with your scout. Our camp counselors strictly supervise the lunch hour. No Scout is allowed to leave the Sea Base during lunch without being accompanied by his parent/guardian.
11. We recommend that you label all of your Scout's belongings with permanent ink. During camp, Scout's belongings are kept in shared containers. Respect the property of others. The Sea Base is not responsible for any misplaced, lost or stolen items.
12. Keep the Sea Base clean at all times. Do not leave trash on the ground. Put trash in the trashcans. Also, keep the bathrooms clean, do not splash water on the counters or the floors.
13. Smoking is prohibited at the Sea Base.
14. Participation in the Aquatics Day Camp Program allows use of the Sea Base facilities by your Scout only, during their scheduled class time. We are unable to accommodate parents, siblings, or guest.



**Talent Release Form**

I hereby assign and grant to the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me this date by the Boy Scouts of America, and I hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

**PLEASE PRINT CLEARLY**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Troop #: \_\_\_\_\_ Troop City: \_\_\_\_\_

Signed: \_\_\_\_\_

Guardian: \_\_\_\_\_

(if under the age of 18)

Witness: \_\_\_\_\_

Session Date: \_\_\_\_\_